

Awaken the Shaman Within

The Shamanic tradition is one of our oldest spiritual practices. It can be traced back at least 50,000 years. What is remarkable about Shamanism is that although it was developed by many separate cultures – Australia, Siberia, Europe, Africa and the Americas – a shared commonality exists within these traditions.

In practicing Healing, the Shaman has a very different view of reality from most of the world. This viewpoint sets the Shaman apart from other Healers. It also leads to some rather unusual healing techniques commonly associated with shamanism, such as: shape-shifting, communicating with plants and animals and journeying to other worlds.

One of the core practices, is the journeying to a non-ordinary reality. In the Lower world we tend to connect with the essence of our power animals and animal spirits. Journeying within the balance of light and dark, black and white, within and without.

The Middle World is the parallel non-ordinary reality to our earthly world. The Upper World is a place where we can meet our spirit guides and wise elders who often appear in human form.

Awaken the Shaman Within is a Four day Shamanic experience dedicating this earth walk to the healing of Mother Earth through the empowerment of self.

Share in a Shamanic journey of discovery reconnecting you to Spirit through ceremony, celebration, healing and journeying

Journey to meet your Wise One, Dance your Power
Animal and connect to the Rhythm of Life.

Awaken the medicine of Sweat Lodge, Fire Ceremony and Shamans Walk.

Deepen the awakening of your heart as you remember the warmth and wisdom of the beautiful being you are, integrating with love this magnificence into your daily life.

Dates for upcoming retreat:

Friday 20th - Monday 23rd November 2009
Start 9 am Fri – Finish 5 pm Monday

For further information; Prices; Times Location

Date, time, location

Friday 20 - Monday 23 November 2009
Start 9 am Fri – Finish 5 pm Monday
Kohinur Hall and grounds
Upper Main Arm Northern NSW

Cost: \$1195.00

(includes shared Tepee accommodation and meals)

To reserve your space a \$500.00 non refundable deposit is required by 1st November 2009. The balance of payment is due on 19/11/09.

Cash, Cheque or Direct Deposit

Early Bird Special - Save \$200.00
Pay \$995.00 before 23rd October 2009

*** Places are limited so please book early ***

Download Registration Form

All meals are included in price.

Meals will be vegetarian only

If you have any special Dietary needs please fill them in on the registration form

What a beautiful way to enjoy a Shamanic experience by being close to nature and spending your nights sleeping in Tepee's

You will need your own, sleeping bags blankets and clothing that is appropriate for being outdoors

Registration

To: Sunrise Drums PO Box 1180 Mullumbimby NSW 2482
Or email: swirlingrainbow@y7mail.com

Please confirm my place on the Awaken the Shaman Within Retreat

Name.....
Address
.....
Phone (W).....(H).....(M).....
Email address.....
How did you find out about this Retreat ?.....

Cost of Retreat: \$1195.00 per person
To reserve your space a \$500.00 non refundable deposit is required by 1st
November 2009. The balance of payment is due on 19/11/09.
Early Bird Special - Save \$200.00 Pay \$995.00 before 23rd October 2009

Payment Details:
Direct Deposit Details: BSB – 062 665. Account No 10098771.
Account Name – Peter Bowden
(please insert your name as reference).
Cheque or Money Order payable to Peter Bowden

In case of an emergency, please contact
(Name).....
Phone Number

Please list any health conditions which could impact on your enjoyment, or
safety on the Retreat. This information will be held in confidence. Please ensure
you bring any current medication you require.

.....
.....
I have an allergy to the following

Meals: All meals provided will be vegetarian.
Do you have any special Dietary requirements we need to know about?
.....
.....
.....

Signed ... Full Name
Date

Terms and Conditions

Payment and cancellation policy

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Cash, Cheque or Direct Deposit.

(If for any reason you are unable to attend this Retreat your Deposit will be held by Sunrise Drums for a 12 month period. These funds are transferable to any other program offered in this period)

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Save \$200.00

Pay \$995.00 before 23rd October 2009

Payment Details:

Direct Deposit Details: BSB – 062 665. Account No 10098771.

Account Name – Peter Bowden

(please insert your name as reference).

Cheque or Money Order payable to Peter Bowden

Confidentiality Policy

This Retreat supports personal and Spiritual growth and each individual's process is personal. Participants are requested to honour confidentiality of their fellow brothers and sisters throughout this Retreat. Keeping an open Heart for whatever takes place.